



My Total Transformation

By Martina Desgouttes

Tate Publishing Enterprises, United States, 2015. Paperback. Book Condition: New. 178 x 127 mm. Language: English . Brand New Book ***** Print on Demand *****.My Total Transformation is based on real life, depicting the challenges of a forty-eight-year-old obese workaholic with poor health. After a near-fatal illness, she draws on her faith, discovering the fountain of youth, and ate her way back to good health from 200-plus pounds to 105 pounds. This story will touch the heart of everyone as it deals with real-life issues of so many people, not just here in America, but globally-with obesity, the economy, and health care being the greatest challenges. This is a must-read that will make you laugh, cry, and be empowered. This is truly a story for this day and this time, showing that miracles can happen and will happen if you believe and have faith.

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