



Cultivating Compassion in an Interfaith World: 99 Meditations to Embrace the Beloved

By Julie Hliboki

Transilient Publishing, United States, 2012. Paperback. Book Condition: New. 201 x 132 mm. Language: English . Brand New Book ***** Print on Demand *****.Cultivating Compassion in and Interfaith World: 99 Meditations to Embrace the Beloved is an invitation to deepen into relationship with the Beloved through cultivating compassion the Beloved that is personal, inter-personal, and trans-personal, in all that exists. While compassion plays an important role in all religions, this book focuses on three faith traditions Sufism, Christianity, and Buddhism. Part One speaks to what these teachings say about compassion, and includes personal experiences that have resulted from my commitment to Sufi, Christian, and Buddhist contemplative practices. Part Two offers ninety-nine meditations focused on a particular attribute of the Beloved. Each is comprised of verses from the book of Psalms, a prayer for support, a compassion Metta meditation, and a question for reflection. An excerpt from the book about the ninety-nine meditations: For me, the Psalms are a call to and a response from a compassionate God. The Psalm verses flow back and forth between the longing for the relief of suffering and the experience of that relief from the Beloved. In this prayerful engagement, we are able to deepen...



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Reviews

The publication is simple in go through preferable to fully grasp. I am quite late in start reading this one, but better then never. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Mrs. Josiane Collins

A must buy book if you need to adding benefit. I actually have read through and so i am certain that i will likely to read through once again once again down the road. I am just quickly could possibly get a delight of looking at a created ebook.

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