



## The Alpha Wolf: A Tale About the Modern Male

By Nick Clements

John Hunt Publishing. Paperback. Condition: new. BRAND NEW, The Alpha Wolf: A Tale About the Modern Male, Nick Clements, Roger Cologne is an Alpha Boy. He has all the trappings of success - the looks, car, flat, and a high-powered job. He doesn't do relationships. He is a collector of conquests without consequence. By unexpectedly becoming a father and receiving redundancy he discovers there is more to life. He is forced to start his personal development journey. He seeks to learn more about himself as well as entering a meaningful relationship. By doing so, he moves towards becoming an Alpha Wolf. Written by Professor Nick Clements, one of the world's foremost experts on masculinity and rites of passage, this compelling story allows us to gain understanding and insight into the modern man's journey. Combining humour, wisdom and emotionally charged stories the book explains how a lot of men think and experience the separate worlds of work, relationships and feelings. It is full of advice and guidance for us all, and incorporates exercises and life style development work which has been practiced by hundreds of people over the last 20 years.



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