



## 5 Secrets of Goal Setting Workbook: Documenting Your Action Plan for Getting the Most from Life

By Dwayne Baptist

Kokorozashi Press, United States, 2013. Paperback. Book Condition: New. 250 x 202 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Become an unstoppable force that makes your dreams come true! People wonder, What secret sets apart achievers? FOCUSED ACTION is the key to accomplishing your goals and dreams. 5 Secrets of Goal Setting Workbook is the companion to 5 Secrets of Goal Setting, which provides proven strategies that will give you the edge needed to clarify and focus your goals so that you can achieve them, and provides the tools you will need to address the roadblocks and distractions that crop up as you pursue your dreams. Using the GOALS formula, 5 Secrets of Goal Setting Workbook provides exercises helping you to: G: Get Great Goals - Create goals and a burning desire to achieve O: Overcome Yourself - Tame the two-headed monster Fear and Procrastination A: Achieve Alignment - Synchronize your values and priorities L: Learn Adjust - See where you are headed to avoid problems S: Stay the Course - Overcome problems that get in the way of success You want your dreams. Get 5 Secrets of Goal Setting Workbook and become the unstoppable force...



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