



Health Mantra: Journey Towards Healthier Life (Hardback)

By Dr Sonali Sarnobat

Partridge India, United States, 2016. Hardback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****. An eminent Homeopathic Consultant and Diet Consultant from South India, Dr. Sonali is a famous columnist of Tarun Bharat Daily. She has published her first book on health, titled AROGYAMANTRA , which is already popular amongst readers in its Marathi version, of which the second edition is on its way to be published. This book is translated into Kannada and English. The preface to English Version is written by Hon.Cabinet Health Minister Mr.ShripadNaik .The preface to the Kannada book is written by Hon.Member of Parliament and noted Educationist Dr.PrabhakarKore. The Marathi book s preface is by eminent activist Dr.Kumar Saptarshi. Dr Sonali has developed a unique healing system with Homeopathy and nature care !! This system developed by her, helps to cure the patientin a holistic manner and is called as Pathological Prescription based on totality of symptoms and pathological presentation of the case. This system cures the disease in a short duration, against the myth that Homeopathic treatment is lengthy. After the treatment is over, a diet advice, advice about organic food and life style maintenance from Dr.Sarnobat gives a...



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