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Truuuly Scrumptious Book of Organic Baby Purees: Delicious Home-cooked Food for Your Baby

By Topsy Fogg, Janice Fisher

Ebury Publishing. Paperback. Book Condition: new. BRAND NEW, Truuuly Scrumptious Book of Organic Baby Purees: Delicious Home-cooked Food for Your Baby, Topsy Fogg, Janice Fisher, Like all parents, Topsy Fogg and Janice Fisher wanted to give their babies the best possible start in life. And like Jamie Oliver before them, they realised that the best start begins with what they give their children to eat. Topsy and Janice are the founders of the award-winning organic baby food brand, Truuuly Scrumptious, a delicious range of homestyle, top-quality food for babies aged six months through to toddlers. In this beautifully illustrated book, Topsy and Janice share their scrumptious recipes to ensure that parents give their babies all the essential nutrients that are vital for healthy growth and development. They also explain how to wean babies; why going organic is best; and, how to source, prepare and cook the best-quality ingredients. From vitamin-packed first stage purees such as butternut squash and broccoli through more substantial meals such as lamb and apricot casserole to finger foods such as carrot, courgette and cheese muffins, these recipes are so tasty parents will be making extra portions for themselves too!



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