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# BIGOREXIA. WHEN BIG ISNT BIG ENOUGH.



GRIN Verlag GmbH. Paperback. Condition: New. 28 pages. Dimensions: 8.3in. x 5.8in. x 0.1in. Seminar paper from the year 2010 in the subject Psychology - Miscellaneous, Atlantic International University, language: English, abstract: The term bigorexia nervosa, along with another synonym reverse anorexia, are nicknames for muscle dysmorphia. Muscle dysmorphia is deemed to be a sub-type of body dysmorphic disorder. It is seen primarily in men who usually perceive themselves as puny, or not muscular enough. The man or boy with muscle...

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- Authored by Gary Elliott
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